

## **HAPPY TEETH PROGRAM CONDUCTED AT COLLEGE FOR SCHOOL STUDENTS**

### INTRODUCTION

“Happy smile is bright smile” smile at tender age is the essential to develop confidence personality and enhance the communication skill. TAGORE DENTAL COLLEGE AND HOSPITAL, STUDENTS COUNCIL has taken step to increase awareness of oral disease and develop good oral habits aiming at young children of age 5 years to 13 years by “HAPPY TEETH CAMPAIGN” in fun loving way.

### AIM

- To develop and cultivate good oral habits
- To teach children about detoraiting oral habits
- Enhance brushing skill and increase knowledge on diet

Provide a competitive environment to increase the interest of students.

### PLANNING

The planning for “Happy Teeth Campaign” began as early as in the month of August .The chief coordinators DIVYA.M.MEHTA, SRUDHY.R,SARATH SARATHY .S were given constant support and encouragement from the PRINCIPAL DR.CHITRAA .R. CHANDRAN and DR.ARUNA SHARMA,HOD of Pedodontics and preventive dentistry .The constant support of all the staffs and interns from the college is well-appreciated .

By the end of august, the following things were planned.

- Date of program
- List of events
- Event schedule
- Schools to be invited
- Numbers of student to be invited
- Organizing team
- Volunteering team

### DATE OF PROGRAM

Date of program was fixed on October 6, 7, and 8.

### VENUE

Venue was fixed as Tagore Dental College.

Classrooms, auditorium, exam halls of the college were fixed for various competitions

### LIST OF EVENTS

- Audiovisual presentation
- Quiz competition
- Coloring competition
- Essay writing competition
- Banner painting
- Museum visit
- Screening

### SCHOOLS INVITED

Invitations were extended to CBSE, MATRICULATION AND GOVERNMENT SCHOOLS in and around the institution. Invitations were given by September 2nd week to all the schools.

The schools participated were

- Maharishi VidyaMandir.
- VelammalVidyashram.
- St.Joseph Matriculation School.
- T.S.BalialMatriculation School.
- Hilton Matriculation School.
- Corley Matriculation School.
- RathinamangalamGovernment School.
- KolapakkamGovernment School.

### TOTAL STUDENTS PARTICIPATED

Total students participated were approx. 2000 in 3 days.

#### Students from each school

Maharishi Vidya Mandir-370

VelammalVidyashram-400

St.Joseph Matriculation School-180

T.S.BalialMatriculation School-92

Hilton Matriculation School-400

Corley Matriculation School -400

RathinamangalamGovernment School-72

KolapakkamGovernment School-88

### ORGANISING TEAM

Each event was organized involving students and staff in charge for each event .The schedule was planned and organizing team was formed comprising of interns.

All IV year students were given in charge of screening.

The III Year students actively volunteered to make program a grand success.

### EVENT DETAILS

#### INAUGURATION

The museum was inaugurated on October 6 by Mr. RaveendranFactory manager of Rialto Enterprises Oral –B Tooth brush production unit. The staffs and students of Tagore Dental College gave him a warm welcome provided him with anenthusiastic and informative environment.

#### AUDIOVISUAL PROGRAM

It's a smart world thus digital media was used. Small cartoon clippings was played and oral health instructions, importance of nutrient and diet were emphasized students enjoyed the videos and learnt new things in a very playful way.

### QUIZ COMPETITION

Open quiz were asked to students from the videos and prizes were given to the students who answered correctly.

### COLOURING COMPETITION

Importance of proper diet was explained to children of classes 1 to 4 by involving them in coloring competition students were given prizes in each session. Totally 18 students were given prizes for coloring competition.

### ESSAY WRITING

Students of class V to VIII were involved in essay writing. Students were given topic in advance (secret of bright smile). 18 prizes were given in essay writing competition.

### BANNER PAINTING

Banner painting was done by a team of 3 students from each school on a same banner 1\* 1 feet area was given to them. The banner is now preserved in the institution.

### MUSEUM

The museum was arranged in auditorium. The models and charts were taken from Department Of Pedodontics And Public Health Dentistry displayed for students. The children were also exhibited a story "HOW THE TOOTH MOUSE MET THE TOOTH FAIRY ".Children were explained all models in native language and English.

### SCREENING

All final year students were in charge of screening. The children were given screening cards and asked to give them to their parents.

### HELPING VOLUNTEERS

Third year student extended whole hearted support for the success of "Happy Tooth Campaign "They organized all students and helped to maintain discipline among the students.

### FUTURE WORK

While the campaign was successful with great effort and support of staffs and students, there needed for a room of improvement.

The following points were to be kept in notice for future program

1. Basic dental treatment modality.
2. Projects made by school children.
3. Self-evaluation by students.
4. Recording details of case sheets of children.

### CONCLUSION

With great deal of hard work and planning and constant support of all senior staffs, HAPPY TEETH CAMPAIGN was successfully held at the premises of Tagore dental college and hospital. The success of program lies with the support of our principal DR. CHITRAA . R. CHANDRAN and DR.ARUNA SHARMA ,HOD Of Pedodontics And Preventive Dentistry who were the backbone of the project.